



VAIMH Professional Development SUMMER 2024 SERIES

www.vaimh.org

Parenting in the Digital Age

VAIMH offers monthly 1-hour virtual lunchtime professional development, typically on the 3rd Thursday from 12-1 PM EST (followed by a 30-minute Q&A). These 12 hours of professional development can be used to meet IECMH competencies for those seeking Infant and/or Early Childhood Mental Health Endorsement® or maintaining annual Endorsement®. We invite you to register and connect with other professionals across the state who are invested in the care and support of infants, young children, and families in Virginia.



12-1 PM



VAIMH Members: Free

Non-Members: \$20 for Summer Session

6/20/2024

The Digital Distraction - The Parent and Child Dyad

Presenter: Tracy Walters, IMH-E®, State IECMH Coordinator, VAIMH President

Competencies Targeted: Infant/Young Child Development & Behavior / Family Relationships & Dynamics / Attachment, Separation, Trauma, Grief, & Loss

7/18/2024

Screen Time: It's Not Going Away - Make it work for all

Presenter: Mary Jo Grieve, Director, Early Childhood Education, Virginia's Home for Public Media (VPM)

Competencies Targeted: Relationship-focused Practice / Building and Maintaining Relationships / Collaborating

8/15/2024

Technology from a Pediatrician's Perspective

Presenter: Dr. Bergen Nelson, Children's Hospital of Richmond at VCU

Competencies Targeted: Infant/Young Child Development & Behavior / Analyzing Information / Advocacy

Certificates of Attendance are provided.

Contact pvaimh@gmail.com with any questions or to volunteer to lead a future session.

Sponsored by: VAIMH Professional Development Task Force Planning Committee