Infant & Early Childhood Endorsement® Examination Preparation Resource List

This guide is intended to be used by all examinees, including Infant Mental Health Specialists, Early Childhood Mental Health Specialists, Infant Mental Health Mentors (Clinical, Policy & Research/Faculty), and Early Childhood Mental Health Mentors. You will notice that many of the resources on this guide are books. Most of the books will cover multiple knowledge/skill areas found within the Theoretical Foundations, Direct Service Skills and Reflection domains, and some of the books will have overlapping content. Resultantly, we do not intend for you to read every resource listed here. As the exam is based on the Competency Guidelines®, that will be an incredibly important resource in your exam preparation. We encourage you to incorporate the feedback you receive from the application reviewers with your own self-reflection regarding the experiences you have that indicate areas of strength and gaps, specific to the knowledge/skill areas found within the Competency Guidelines®. You will want to focus first on your “gap” areas (i.e. you have less experience regarding the knowledge and skill area of pregnancy/early parenthood so you will want to read the resources below that are specific to that area). Additionally, we encourage you to speak with your provider of reflective supervision/consultation around your professional experiences, areas of strength and growth, in addition to discussing your capacity for reflection. This resource list should be used in conjunction with the document What to Know About the Endorsement® Exam and Endorsement Exam Tip Sheet.

Aces too High website: https://aces toohigh.com


Center on the Developing Child website: https://developingchild.harvard.edu


Michigan Association for Infant Mental Health (2010). *Promoting positive relationships between parents and young children when there are two homes*. Southgate, MI: Author.


**Direct Service**


**Reflection**


©2018 Alliance for the Advancement of Infant Mental Health. All rights reserved.


**Infant Mental Health Mentor – Policy**


Georgetown University Center for Child and Human Development. National Technical Assistance Center for Child and Human Development Resources [https://gucchdtacenter.georgetown.edu/resources/index.html](https://gucchdtacenter.georgetown.edu/resources/index.html)


ZERO TO THREE Policy and Advocacy website: [https://www.zerotothree.org/policy-and-advocacy](https://www.zerotothree.org/policy-and-advocacy)