



VAIMH Professional Development Series

The Many Sides of Maternal Mental Health

Session 1 2023

Join VAIMH for one-hour lunchtime professional development events. These twelve hours of professional development training in 2023 can be used to meet IMH Competencies for those seeking IMH Endorsement or maintaining Endorsement in Infant Mental Health. Please register and come connect with other professionals across the state who care about the mental health of infants, young children, and families in Virginia.

These professional development opportunities are matched to Competencies for those going through or maintaining Endorsement in Infant Mental Health.

***** Please note that other competencies may also apply to these sessions.***

1/19/2023 Stories from the Field/ Reflecting Back and Looking Forward

Co-Facilitators: Judith Martens, IMH-E® and Tracy Walters, IMH-E®

Competencies targeted: Advocacy, Service Delivery Systems, Contemplation

2/16/2023: Medical Racism

Presenter: Kenda Sutton, Executive Director of Birth In Color

Competencies targeted: Pregnancy and Early Parenthood, Relationship Focused Practice, Cultural Competence

3/16/2023: Maternal Loss and Rebirth

Presenter: Morgan Kiku and Natasha Riveria

Competencies targeted: Pregnancy and Early Parenthood, Cultural Competence, Attachment, Separation, Trauma, Grief and Loss

4/20/2023: Advocacy Session - Now That We Know Better How Do We Do Better?

Co - Facilitators: Judith Martens, IMH-E® and Tracy Walters, IMH-E®

Competencies targeted: Advocacy, Cultural Competence, Planning and Organizing

Time: 12:00—1:00 PM via Zoom

Certificates of Attendance are Provided

Contact pvaimh@gmail.com with any questions or to volunteer to lead a future session

**VAIMH Members
Free.
Non-VAIMH
Members
Session is \$20.00.**

**Sponsored by
VAIMH Professional Development Task Force Planning Committee**

[Register Here](#)