



VAIMH Professional Development Series

Fall 2021

Join VAIMH for FREE one-hour lunchtime professional development events and connect with other professionals across the state who care about the mental health of infants, young children, and families in Virginia.

These professional development opportunities are matched to Competencies for those going through or maintaining Endorsement in Infant Mental Health

9/16/2021: Perinatal Mood and Anxiety Disorders:

What to look for and how to talk about it.

Presenter: Mara Watts, Director of Outreach and Education at Postpartum Support VA

Competencies targeted: pregnancy and early parenthood, advocacy, empathy and compassion

Time: 12:00—1:00 PM via Zoom

10/21/2021: What it means to be bi-cultural,

“Mommy can you tell me how you got here”

Presenters: Silvia Juarez Marazzo, LCSW

Competencies targeted: cultural competence, listening, personal development

Time: 12:00—1:00 PM via Zoom

11/18/2021: What is your VAIMH Story?

Facilitators: VAIMH Professional Development Task Force Committee Members

Competencies targeted: Advocacy, self-awareness, emotional response

Time: 12:00—1:00 PM via Zoom

12/16/2021: Surviving the Holidays

Presenters: VAIMH Professional Development Task Force Committee Members

Competencies targeted: Cultural competence, contemplation, supporting others

Time: 12:00—1:00 PM via Zoom

Certificates of Attendance are Provided

Contact pvaimh@gmail.com with any questions or to volunteer to lead a Future Session

Sponsored by
VAIMH Professional Development Task Force Planning Committee

REGISTER HERE