



What Happens In The Early Years Matters Forever

Virginia Infant Mental Health Leadership Certificate

Upon completion of the requirements outlined in this document, a participant will earn *The Virginia Infant Mental Health Leadership Certificate* issued by VAIMH. Receipt of this certification ensures early childhood program and/or system leaders are infant mental health informed and able to fully support staff in their program or system in utilizing infant mental health principles and practices in their everyday work with infants, toddlers and their families in Virginia.

Certification Requirements:

1. Work in a leadership role such as a Program Administrator/Supervisor/Manager or Director in an infant and/or early childhood program and/or system at the local or state level of an early childhood system serving children birth to 36 months of age and their families; and
2. Endorsement at Category II* or higher in Virginia's *Endorsement for Culturally Sensitive, Relationship-Focused Practice Promoting Infant Mental Health*®; and
3. Completion of the required number of hours for the *Virginia Infant Mental Health Training and Reflective Supervision Learning Collaborative: "Broadening Our Lens: Incorporating Infant Mental Health Theory and Practice"* consisting of:
 - **24 Hours of Infant Mental Health Training:** Two hours per month for 12 months (Funded by the ECMHVA Initiative and free to participants); and
 - **24 Hours of Group Reflective Supervision (RS):** Two hours per month for 12 months (Participants pay for their RS directly to the RS Supervisor)

Monthly Training Topics:

- Infant Mental Health and Reflective Supervision. *Course Overview*
- IMH Theory and Practice
- Reflective Interaction Observation Scale and Reflective Practices
- Pregnancy: The Fantasy and the Reality
- Brain Development
- Attachment: *The Roots of Social and Emotional Development*
- Atypical Development, Delays and Challenging Behaviors
- Bio-Psycho-Social History
- Trauma and Its Effects
- Culture and Intergenerational Patterns of Dysfunction
- Dyadic, Relationship-Based Approaches
- Putting It All Together

The Reflective Supervision received each month consists of case presentations made by participants on a rotating basis looking at the cases presented as they relate to the monthly training content. The *Reflective Interaction Observation Scale* or RIOS is used to provide the framework for Reflective Supervision and looks at the reflective alliance including collaborative tasks (describing, responding, exploring, linking and integrating) and Infant Mental Health essential elements (understanding the family's story, holding the baby in mind, parallel process and professional use of self). Reflection skill areas addressed include contemplation, self-awareness, curiosity, emotional response, and parallel process meeting the Reflection competency area needed for Endorsement®.

*Category II Endorsement requires a minimum of a Bachelor's degree & two years of paid, post Bachelor's, professional work experience providing services that promote infant mental health &/or current position is supervising staff who provide direct services to children birth to 36 months. Work experience meets this criteria as long as the applicant has: 1. Served a minimum of 10 families of infants/toddlers (birth to 36 months); and 2. A primary focus of the service provided is the social-emotional needs of infant/toddlers; and 3. Services include attention to the relationships surrounding the infants/toddlers.



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Virginia Infant Mental Health Leadership Certificate Registry

Name	Completed Required 24 Hours of IMH Training & 24 Hours of Reflective Supervision	Issued Virginia Infant Mental Health Leadership Certificate
1. Bermudez, Diana Ph.D., IMH-E® Category III: Infant Mental Health Specialist Northern Region (Endorsed: 10/21/2020)	2018	2020
2. Booker, Pam IMH-E® Category II: Infant Family Specialist Central Region (Endorsed: 12/1/2016)	2019	2020
3. Boreland, Geondra IMH-E® Category II: Infant Family Specialist Eastern Region (Endorsed: 9/6/2017)	2021	2021
4. Brennan, Kathy IMH-E® Category II: Infant Family Specialist Northern Region (Endorsed: 8/5/2020)	2020	2020
5. Brickey, Jessica LCSW, IMH-E® Category III: Infant Mental Health Specialist Central Region (Endorsed: 9/2/2016)	2017	2020
6. Burke, Carol IMH-E® Category II: Infant Family Specialist Piedmont Region (Endorsed: 1/15/2020)	2019	2020
7. Holland-Brock, Dee IMH-E® Category II: Infant Family Specialist Piedmont Region (Endorsed: 6/4/2018)	2019	2020
8. Kraus, Bari IMH-E® Category II: Infant Family Specialist Eastern Region (Endorsed: 1/2/2019)	2018	2020
9. Lero, Dawn IMH-E® Category II: Infant Family Specialist Central Region (Endorsed: 9/1/2020)	2021	2021
10. Moon, Patricia IMH-E® Category II: Infant Family Specialist Central Region (Endorsed: 12/18/2015)	2021	2021
11. Pakula, Leslie IMH-E® Category II: Infant Family Specialist Central Region (Endorsed: 12/4/2018)	2018	2020



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12. Palacios, Lisseth IMH-E® Category II: Infant Family Specialist Northern Region (Endorsed: 9/23/2019)	2021	2021
13. Terry, Lisa IMH-E® Category II: Infant Family Specialist Eastern Region (Endorsed: 8/3/2020)	2019	2020
14. Thornton, Mary IMH-E® Category II: Infant Family Specialist Central Region (Endorsed: 12/18/2015)	2017	2020
15. Trueblood, Jaylene IMH-E® Category II: Infant Family Specialist Eastern Region (Endorsed: 12/20/2019)	2019	2020
16. Walters, Tracy IMH-E® Category II: Infant Family Specialist Central Region (Endorsed: 10/8/2017)	2017	2020
17. Weaver, Juliana IMH-E® Category II: Infant Family Specialist Piedmont Region (Endorsed: 8/26/2019)	2019	2020
18. Whitehurst, Melinda IMH-E® Category II: Infant Family Specialist Piedmont Region (Endorsed: 12/18/2015)	2017	2020
19. Willingham, Elizabeth IMH-E® Category II: Infant Family Specialist Northern Region (Endorsed: 6/25/2018)	2018	2020
20. Yates, Kristin MSW, IMH-E® Category III: Infant Mental Health Specialist Northern Region (Endorsed: 4/17/2019)	2018	2020