



# VAIMH Professional Development Series 2022 - Winter Brings Spring Sessions

Join VAIMH for FREE one-hour lunchtime professional development events. These twelve hours of professional development training in 2022 can be used to meet IMH Competencies for those seeking IMH Endorsement or maintaining Endorsement in Infant Mental Health. Please register and come connect with other professionals across the state who care about the mental health of infants, young children, and families in Virginia.

***These professional development opportunities are matched to Competencies for those going through or maintaining Endorsement in Infant Mental Health***

**1/20/2022: Sensory Integration and the Impact on Infant Mental Health**

**Presenter:** Andrea Muffly, OTR/L

**Competencies targeted:** Disorders of Infancy and Early Childhood, Screening and Assessment, Analyzing Information.

**Time:** 12:00—1:00 PM via Zoom

**2/17/2022: Circle of Security - An Introduction**

**Presenter:** Charlie Slaughter, MPH, CT Department of Children and Families

**Competencies targeted:** Family Relationships/Dynamics, Life Skills, Supporting Others/Mentoring.

**Time:** 12:00—1:00 PM via Zoom

**3/17/2022: Supporting Parents and Caregivers through an Attachment Based Lens: A Glance at Circle of Security in Practice**

**Presenter:** Jessica Brickey, LCSW, Infant Mental Health Specialist, IMH-E®

**Competencies targeted:** Relationship-Focused/Therapeutic Practice, Supporting Others, Supportive Counseling.

**Time:** 12:00—1:00 PM via Zoom

**4/21/2022: The Role of the Preschool Mental Health Consultant**

**Presenter:** Mark Gardner, LCSW, Nurture Child and Family

**Competencies targeted:** Building and Maintaining Relationships, Observation and Listening, Analyzing Information, Maintaining Perspective and Supporting Others

**Time:** 12:00—1:00 PM via Zoom

**Certificates of Attendance are Provided**

**Contact [pvaimh@gmail.com](mailto:pvaimh@gmail.com) with any questions or to volunteer to lead a future session**

**Sponsored by  
VAIMH Professional Development Task Force Planning Committee**

**REGISTER HERE**