



## VAIMH Professional Development Series Fall Sessions - 2022

### Cozy Up To the Many Colors of Infant Mental Health

Join VAIMH for one-hour lunchtime professional development events. These twelve hours of professional development training in 2022 can be used to meet IMH Competencies for those seeking IMH Endorsement or maintaining Endorsement in Infant Mental Health. Please register and come connect with other professionals across the state who care about the mental health of infants, young children, and families in Virginia.

***These professional development opportunities are matched to Competencies for those going through or maintaining Endorsement in Infant Mental Health***

**9/15/2022: Infant Massage - Why Touch Matters**

**Presenter:** Linda Storm, Infant Family Specialist, IMH-E®

**Competencies targeted:** Pregnancy and Early Parenthood, Supporting Others/Mentoring, Infant/Young Child Development and Behavior

**10/20/2022: ACES and Relational Health**

**Presenter:** Keith Cartwright, B.A., Adverse Childhood Experiences Coordinator

**Competencies targeted:** Attachment, Separation, Trauma, Grief and Loss, Advocacy, Empathy and Compassion

**11/17/2022: The Impact of Technology on Relationships**

**Presenter:** Tracy Ellis Walters, M.Ed. Infant Family Specialist, IMH-E®

**Competencies targeted:** Family Relationships and Dynamics, Infant/Young Child Development and Behavior, Advocacy

**12/15/2022: Learning to Dance: Using Connection to Nurture Healthy Independence and Self-Regulation**

**Presenter:** Jessica Stern, Ph.D., University of Virginia

**Competencies targeted:** Infant/Young Child Development and Behavior, Family Relationships and Dynamics, Life Skills, Attachment, Separation, Trauma, Grief and Loss

**Time:** 12:00—1:00 PM via Zoom

**Certificates of Attendance are Provided**

**Contact [pvaimh@gmail.com](mailto:pvaimh@gmail.com) with any questions or to volunteer to lead a future session**

**VAIMH Members  
Free.  
Non-VAIMH  
Members  
Fall Session is  
\$20.00.**

**Sponsored by  
VAIMH Professional Development Task Force Planning Committee**

**Coming Soon**

VAIMH Book Club  
Small Great Things By  
Jodi Picoult

**Register Here**